



THE CREED



- Number 1: To serve God, honor my country, and preserve truth and justice.**
- Number 2: To obey the principles of martial arts.**
- Number 3: To respect and honor my instructors, the school, and to discipline myself.**
- Number 4: To be able to improve my performance.**
- Number 5: With faith and morality, I will be strong
Without faith and morality, I will be weak.**

(optional)

lahawla walakuata illa billahil aliiyyil atheem